

# A novel alternative "morning after" local administration approach for post-exposure prophylaxis of HIV

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## INTRODUCTION

Since 2013 the number of newly diagnosed cases of HIV has practically remained unchanged (1). Current post-exposure prophylaxis (PEP) involves an oral administration, often with considerable side effects. Under WHO guidelines, PEP in a sexual exposure (PEPSE) is limited to only high-risk scenarios (2). The size of the population exposed to low to moderate risk scenarios is unclear.

## AIM

The overarching aim of this project is to develop a nanoparticle-based PEPSE with a significant drug loading, for local rectal administration after a low to moderate risk sexual exposure.

## METHODS

Dolutegravir was selected the antiviral of choice. It was then chemically modified, producing a dolutegravir myristate (MDTG) (Figure 1).

A two-step nanoprecipitation system was designed (Figure 2). Three testing conditions were assessed, using different coating masses of mPEG5000-LA100 (Figure 3).

Biocompatibility at 24 hours was on Caco-2 and Raw 264.7 cells. Uptake was traced by substituting 10% of the total nano-carrier with a Cy5 Blue labelled PEG5000. (Figure 3).

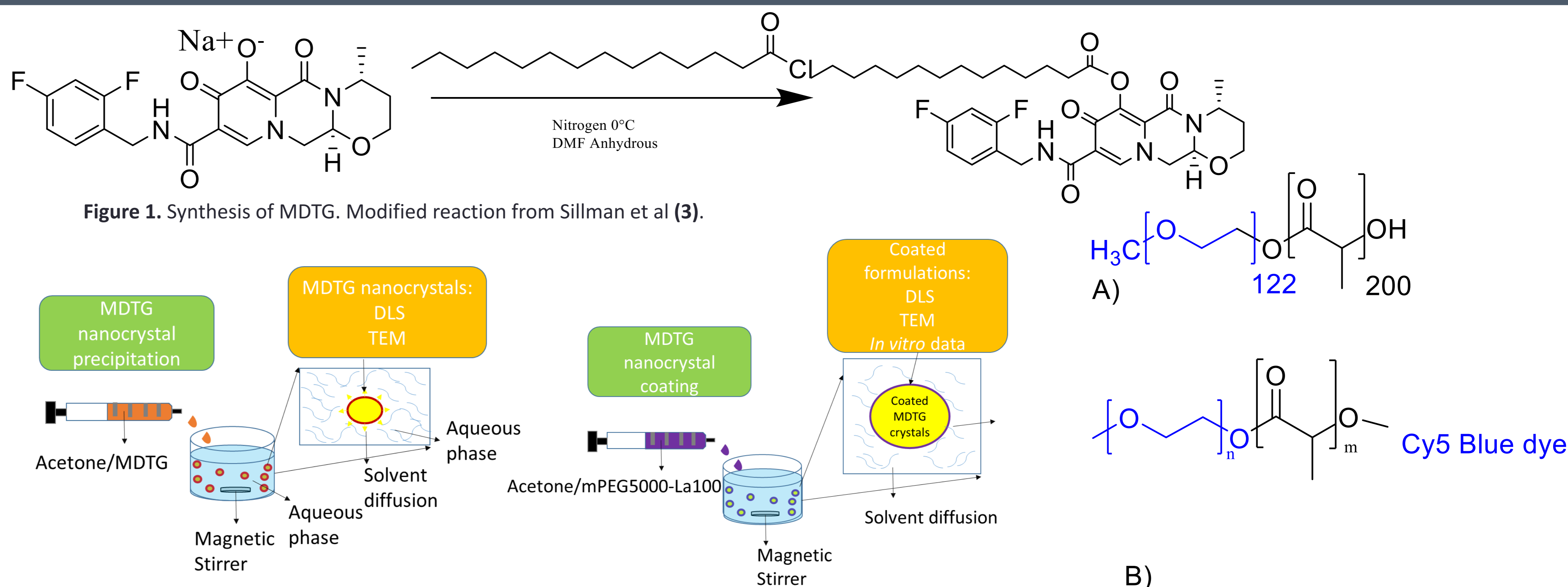


Figure 1. Synthesis of MDTG. Modified reaction from Sillman et al (3).

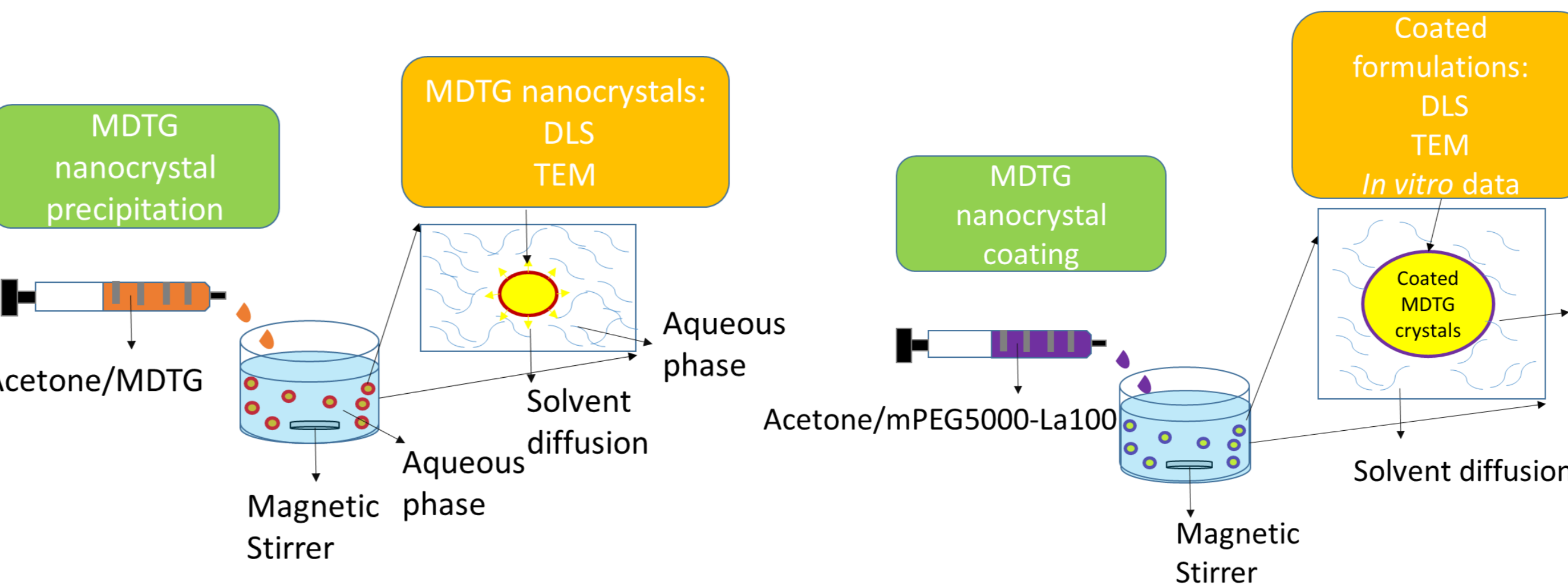


Figure 2. Schematic depiction of the solvent diffusion method used to precipitate and subsequently coat the nanocrystals with mPEG5000-LA100.

Figure 3. Chemical structure of the polymers used. A) mPEG-LA (122:200) mw 5000 da. B) Cy5 Blue labelled PEG 5000.

## RESULTS

- MDTG can be precipitated into an unstable nanocrystal (Figure 4).
- All formulations developed contained a significant drug content with a final average of 215nm in size (Figures 5-6).
- The coated formulation with 0.22mg was chosen to test further as it carried a significant drug content.
- In vitro data suggests biocompatibility and internalization of the formulation in target cells. Therefore providing potential for drug delivery (Figures 7-9).

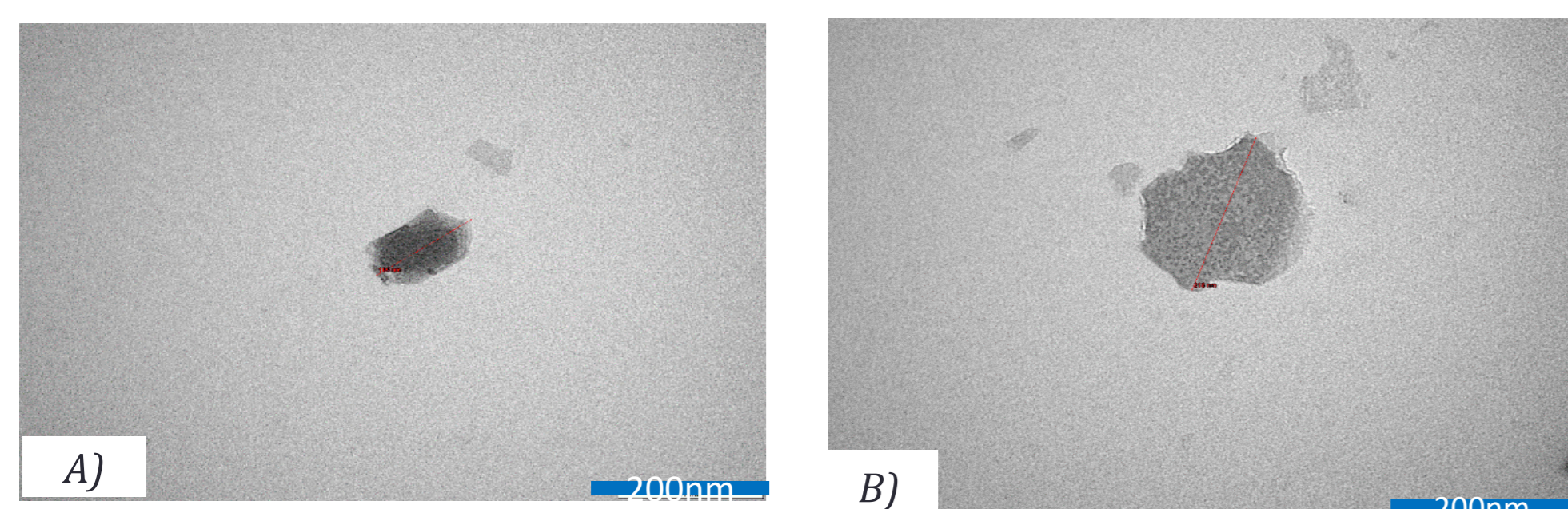


Figure 4. TEM images taken at 8 hours after precipitation of MDTG. A): Image taken at 105K magnification. B): Image taken at 87K magnification.

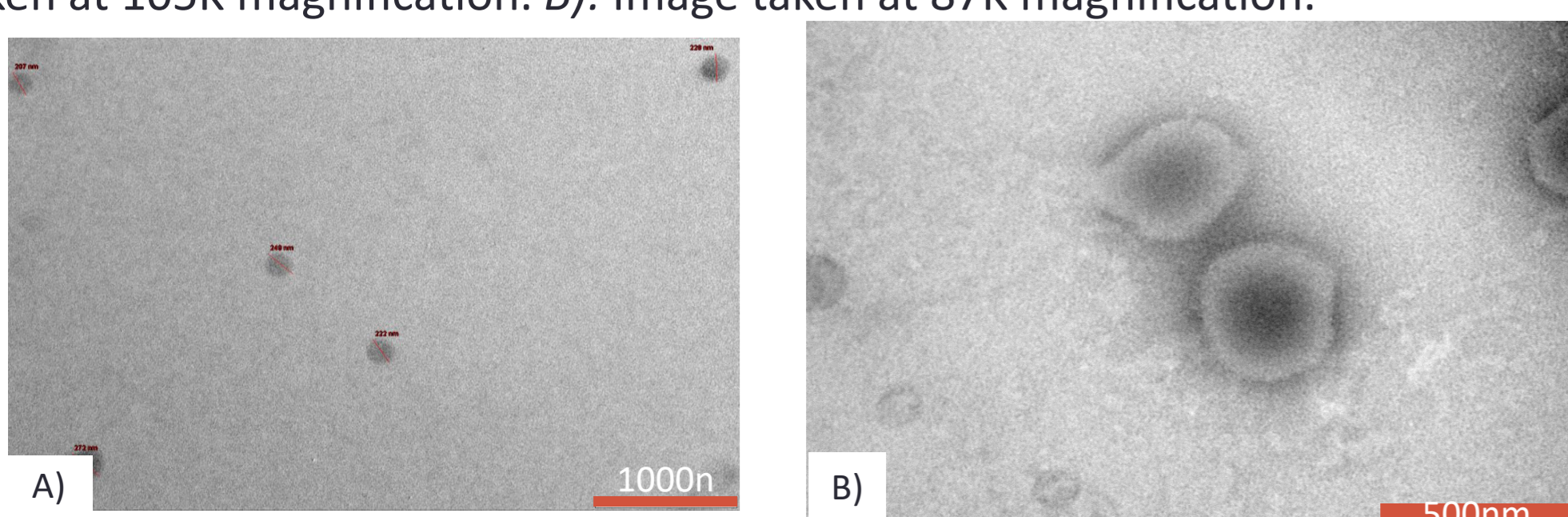


Figure 5. Representative TEM images of a formulation coated with mPEG5000-LA100 0.22 mg coating per vial. A) and B) were taken 12 hours post-coating. A) Image taken at 16.5K magnification. B) Image taken at 43K magnification.

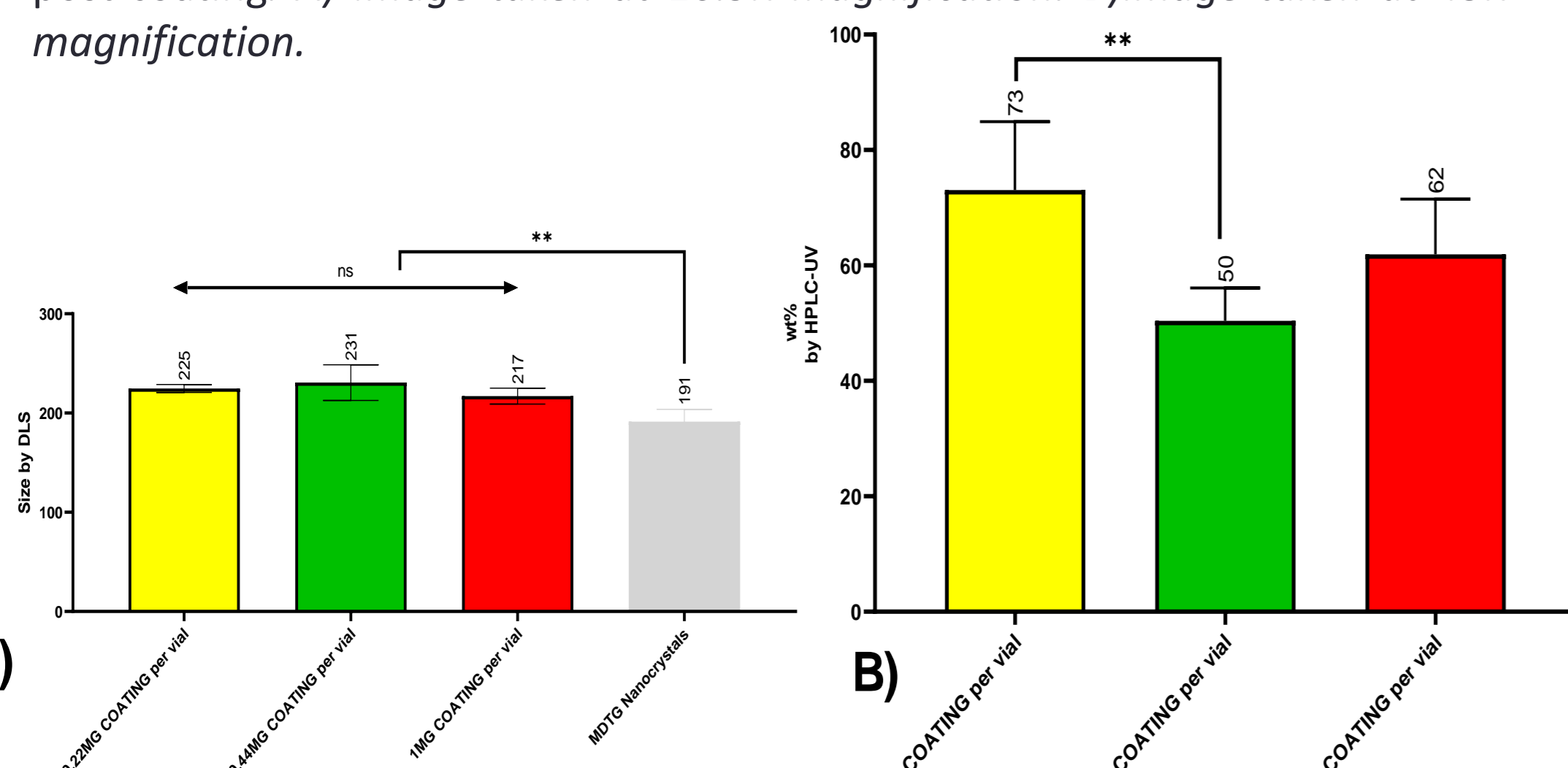


Figure 6. DLS measurements and drug content (expressed as wt%) of the formulations produced. N=6 for each group. Error bars indicate SD of the mean. A) Anova test between groups is significant ( $p < 0.0001$ ). However no statistical difference is found between formulations. B) Wt% of the formulations developed measured by HPLC-UV. The difference between groups is significant after an Anova test ( $p < 0.0005$ ). Post hoc analysis are displayed on the graph.

## Biocompatibility

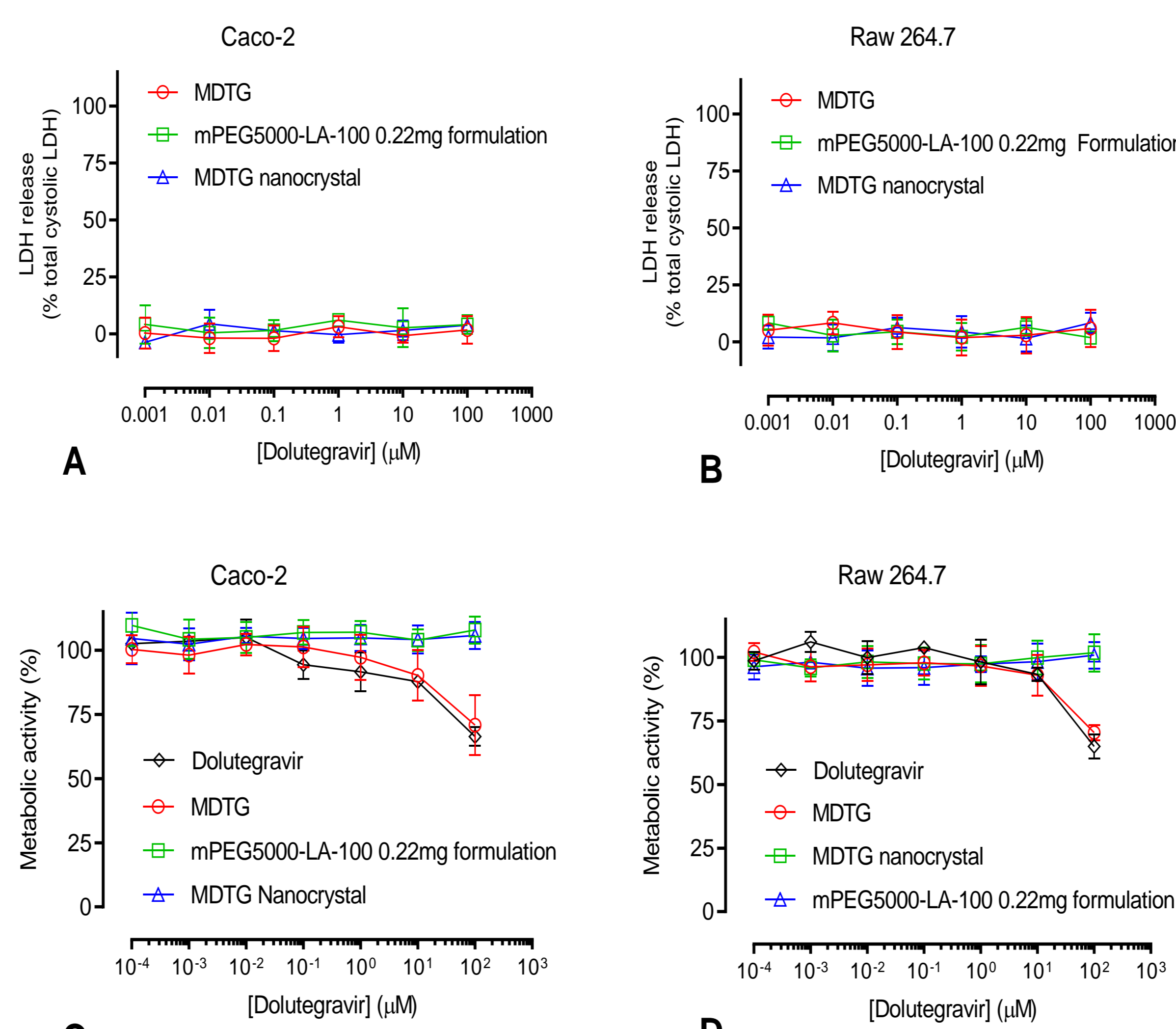


Figure 7. Biocompatibility data on Raw 264.7 and Caco-2 cell lines at 24 hours. Panel A shows LDH release on Caco-2 cells. Panel B shows LDH release on Raw 264.7 cells. Panel C shows metabolic activity assessed by Presto Blue on Caco-2 cells. Panel D shows metabolic activity assessed by Presto Blue on Raw 264.7 cells. Data presented as mean  $\pm$  S.D (N=3, n=3)

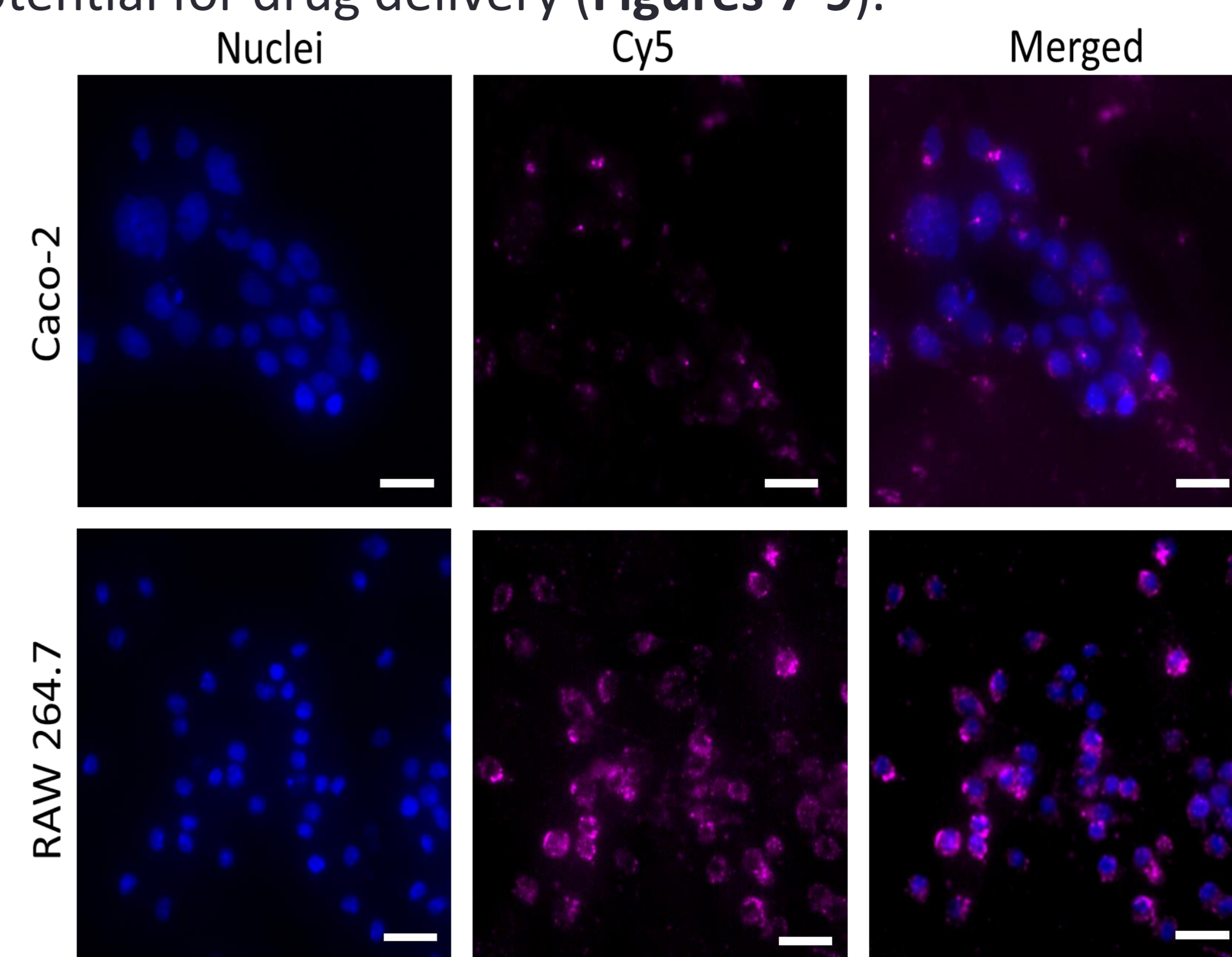


Figure 8. Micrographs of particle internalization in Caco-2 intestinal cells and RAW 264.7 macrophage cells. Particles dosed at 50 ug/ml (polymer concentration) for 24 hours. Scale bar = 50 um.

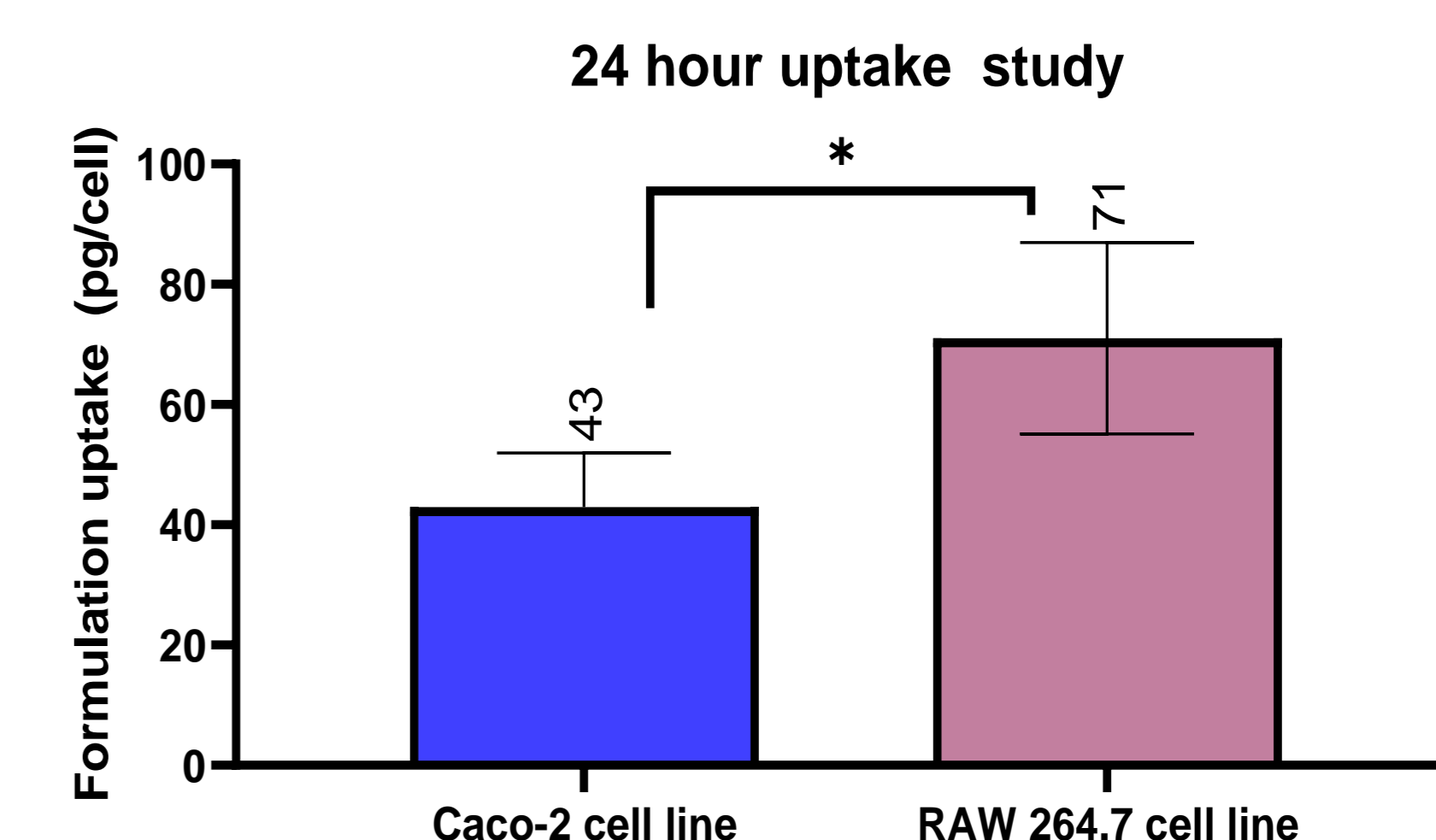


Figure 9. Quantitative uptake at 24 hours on Raw 264.7 and Caco-2 cell lines. Data presented as mean  $\pm$  S.D (N=3, n=3). Unpaired T student test was statistically significant (\*,  $p < 0.05$ ).

## CONCLUSIONS/FUTURE WORK

- Due to the 14-carbon chain in MDTG, it can be successfully self-assembled into an unstable nanocrystal through a nanoprecipitation set up. Once in this form, it can be coated with a polymer agent, in a second nanoprecipitation.
- Nanoformulations with a high drug content (above 50% wt%) of MDTG were developed. In vitro data suggests that uptake is higher in Raw 264.7 macrophage than Caco-2 cells at 24 hours. Target cells for this formulation are macrophages and antigen presenting cells, thus the results are encouraging.
- More complex *in vitro* models such as Caco-2/M cells co-culture need to be investigated to provide more physiological relevant uptake data.

## REFERENCES

- HIV/AIDS JUNPo. UNAIDS DATA 2018. UNAIDS/JC2929E. 2018 ed2018
- December 2018 Supplement to the 2016 Consolidated Guidelines on the use of Antiretroviral Drugs for Treating and Preventing HIV infection. Geneva: World Health Organization; 2014 ([https://www.who.int/hiv/pub/guidelines/arv2013/arvs2013supplement\\_dec2014/en/](https://www.who.int/hiv/pub/guidelines/arv2013/arvs2013supplement_dec2014/en/), accessed 6 January 2020).
- B. Sillman et al., Creation of a long-acting nanoformulated dolutegravir. *Nature Communications* 9, 443 (2018).